

SCOLIO PILATES workshop with *Karena Thek*

<https://osteopilates.com/>



Saturday 30th of November – Sunday 1st of December 2019

9h-13h / 14h-18h

The course will take place at Centre 5, one of the top Pilates Studio in Paris, fully equipped with Gratz apparatus and specialised in Classical/Romana Pilates, and GDS Muscular Chains method as well.

Centre 5 is located right in the center of Paris in the trendy **10th arrondissement**, also called **North Marais**.

<https://www.centre5.com/>

Address: 27 Rue du Chateau d'Eau, 75010 Paris

<https://goo.gl/maps/n5BXDV9akzhtvaBK6>

Course Rates:

Early Bird Rate is **450 euros** until **1st of October**

Full rate after 1st of October: **550 euros**

Payable by Paypal or Wire Transfer

Here is a "**non-exhaustive**" list of **AirBnBs** and **Hotels** which are walking distances to the Studio. If you can't find a spot please don't hesitate to contact me so I can assist you in finding the right spot close to the studio.

AIRBNBS

https://www.airbnb.fr/rooms/16566329?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/17594732?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/383550?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/20602049?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/36352647?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/35462393?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/23855524?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/35090220?s=67&shared_item_type=1&virality_entry_point=1

https://www.airbnb.fr/rooms/37262619?s=67&shared_item_type=1&virality_entry_point=1

BOOKING

If you prefer hotels:

<http://www.booking.com/Share-UqXAKE>

<http://www.booking.com/Share-JTeON1F>

<http://www.booking.com/Share-slR6JA>

<http://www.booking.com/Share-HeUGS1>

<http://www.booking.com/Share-O9AqGa>

<http://www.booking.com/Share-Zx8MIU>

<http://www.booking.com/Share-UTdPPUc>

<http://www.booking.com/Share-0P38V2Y>

<http://www.booking.com/Share-ldLI5q>